

# Turkey-Cheddar-Granny Apple

## Pita Pocket

Yields: One 3 unit pocket

(Includes 3 units of EACH macro nutrient)

### Ingredients:

3 oz. Sliced Turkey Breast

1 oz. Sharp Cheddar Cheese Slice

4 thin slices Granny Smith Apple

2 pieces Arugla or Red-leaf Lettuce

1 tsp. Grainy Mustard

1 tsp. Kraft Light Mayo

1/2 Whole Wheat Pita Pocket