

Pesto Chicken Salad

Ingredients:

- 1/3 c. Kraft Light Mayo
- 1/3 c. Plain No-Fat Yogurt
- 1/3 c. commercial jar Pesto
- 1 ½ Tbsp. fresh lemon Juice
- ½ tsp. Kosher salt
- ½ tsp. Black pepper
- 4 c. cooked cubed boneless, skinless grilled chicken
(or 1 Rotisserie chicken skinned, pulled apart)
- 1 c. Celery, diced
- 1/3 c. Walnuts, toasted & chopped
- 1 12 oz. bottle Roasted Red Bell Peppers, drained & chopped (optional)

Directions:

Step 1: Grill chicken or remove chicken meat from the store bought cooked chicken. Cube. In either case, set aside to cool completely.

Step 2: Combine first 6 ingredients in a large bowl, whisking until blended. Stir in cooled cubed chicken, celery and walnut pieces. If you are adding the roasted bell peppers, now is the time. Chill for at least one hour in the refrigerator.